



## Resources for local Churches

Nottingham Youth for Christ are passionate about encouraging, resourcing and building up the local Church to impact a generation with the message of the Gospel. Whether you work with your own young people or aim to reach young people within the community, Nottingham YFC want to help you be the best you can be.

Over the past 10 years we have been resourcing churches across the county with training, materials and events that have impacted thousands of young people.

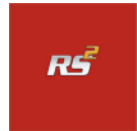
You will find over the next few pages resources you are familiar with and others that are new, as we continue to try to be relevant to young people across Nottingham. You will also see that some resources come from our national resource centre and others will only be found as part of NYFC's own strategy to impact your community.

Some of our resources are now also found exclusively on line, and you will hopefully be impressed with the quality of everything we produce.

There is also information about all our resources on our website [www.nottinghamyfc.co.uk/resources](http://www.nottinghamyfc.co.uk/resources)

If there is something that you don't see over the next few pages but feel would really benefit your ministry and Church, do get in touch and we can discuss possibilities.

Can I finish with a huge thank you for all you do for this young generation, because you all do a great job, and I pray that you will be encouraged as you continue to serve them.



## Online resources....

For over 15 years now Youth for Christ have been producing quality resources for Churches to impact young people. Now these resources are available online.

... for 11-14 year olds

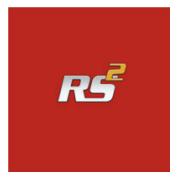


The majority of 11-14 year-olds have never heard the good news of Jesus in a way that is relevant to them.

**Rock Solid** exists to share the gospel through friendships, fun and interactive activities, always including a challenge to respond.

Each **RS2** meeting includes ice-breakers to start, interactive challenges, creative Bible Studies, lively discussion with the occasional competition thrown in.

Each session ends by encouraging the young people to reflect upon what God might be saying to them or about the issues discussed and praying together in creative ways.



... for 14-18 year olds



**Mettle** is not a 'quick fix' course on Christianity. It's more of an ongoing program, designed to build Courage, Spirit and Character. Mettle gives essential Christ-like qualities that will help 14-18s make informed choices throughout this rapidly changing and challenging time of their lives.

Because we are so passionate about equipping the local Church, we have changed how these materials are delivered. These 3 resources are now available online as one package, so you can use any of the materials at anytime. As well as still having a termly program, you can also search by theme, so you can pick talks, games and activities relevant to your own group.

To order the online resources or for more information about what would work for your group please call the NYfC office on 0115 9782111 or email us through [resources@nottinghamyfc.co.uk](mailto:resources@nottinghamyfc.co.uk)

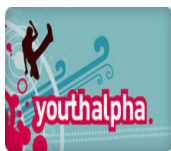
# Other resources

## Nurture materials

**UNCUT** is a thought-provoking six session course produced by Reflex to engage young people who are seen as marginalised or at risk of offending. UN CUT is designed to help introduce young people aged 15-21yrs to the Christian faith in a way that is real, relevant, natural and non-threatening.



UNCUT provides some essential thoughts and questions that young people sometimes see as irrelevant, in a way that they can understand and relate to. If you work with young people in your community that you find are difficult to engage with church and faith, then UN CUT is a great way to 'bridge the gap' between hanging out with them and introducing them to the gospel message.



Nottingham YfC are **Youth Alpha** advisors for the Nottinghamshire area. If you are looking to bridge the gap between unchurched young people and The Gospel or want some basic studies for your own church's young people, then Youth Alpha is great.

Looking at themes like Who is Jesus? Why did Jesus die? How do i read the Bible? it gives young people a great foundation in their faith. NYfC can provide materials and training as well as leading odd sessions and weekends away.

## Discipleship resources

**Freedom in Christ** tackles three of the very biggest issues for Christian young people today, who, if they get hold of the freedom Jesus brings can reach their potential to transform the world in His name. It tells young people who they are, tackling the massive issue of identity. In a world that tells young people that they have to look and act a certain way to be loved, it connects young people to God's mind-blowing truth that they are his masterpiece and he loves them as his children.



Secondly it gives them the tools to get free of the stuff that holds them back. In a world full of temptations and pressures, the material teaches young people how to turn their back on the rubbish and be set free by God's truth. Thirdly it encourages young people to take responsibility for their relationship with Jesus; that they, as children of God have just as much access to him as their youth worker, church leader or Christian celebrity



**The Art of Connecting** aims to encourage young people to examine their own story and journey with Jesus, to connect genuinely with their friends and their 'stories,' and throughout – to go deeper in their knowledge of God's story. Based around exploring 'My Story', 'Their Story', and 'God's Story' this will encourage young Christians to adopt 'connecting' effectively with others into their daily lifestyle.

To order any of these materials contact the NYfC office.

# Exclusive to Nottingham Youth for Christ.

## Events

**Equip** is an event aimed at helping young people aged 14+ to make a difference in their school and community. The event happens 3 times a year and uses a mix of both local and



worship and teaching from national speakers.

**Eq:mission** is about engaging young people in doing mission. Setting off on a Saturday morning we go somewhere across the Uk doing what Jesus did, making a difference in a community.

For more information on eq check out [www.nottinghamyfc.co.uk/eq](http://www.nottinghamyfc.co.uk/eq)

**Ignite** is an evangelistic event that runs twice a year. NYfC are proud partners of Ignite that runs at The Christian Centre. Fast moving, multi media and wise words all combine to make a high impact event.



## Youth leader support



Nottingham YfC want to help support youth leaders and workers across the county. Because we want you to be the best we have put together a package that includes monthly meetings, support and resources for a youth leader/team.

## Church / Youth weekends and speaking

Our team are available to speak at events and weekends that you maybe running. Whether it is to develop faith in young people or inspire them to share their faith NYfC can help in building young people up.

## Church partnership

NYfC believe that the Church is there to make a difference in their community and we would like to serve churches in helping them achieve that. If you think this would benefit your Church then please contact us.

**Check out our blog [www.nottinghamyfc.co.uk/blog](http://www.nottinghamyfc.co.uk/blog)**

For details of any of these options or if you have any questions on how we maybe able to serve you, please do contact us on 0115 9782111 or email us at [resources@nottinghamyfc.co.uk](mailto:resources@nottinghamyfc.co.uk)